# SOLLMENT SO WAY PEN ENRO

#### Information Sessions

Tuesday, October 3, 2023 12:00 p.m. – 6:00 p.m. Henrico Training Center 7701 E. Parham Road Henrico, VA 23228

Thursday, October 19, 2023

12:00 p.m. – 6:00 p.m. Eastern Government Center Community Room 3820 Nine Mile Road Henrico, VA 23223



#### Health, dental, shortterm income protection (STIP), and flexible spending accounts (FSA)

We have provided important information about Open Enrollment at employees.henrico.us/info/oe, such as a step-by-step guide to navigating Employee Direct Access, what's new for 2024, plan comparisons and summaries, as well as benefit resources to assist you in understanding the various benefits offered through Henrico County.



#### **Deadline**

From October 1, 2023, through October 27, 2023: select, change or waive your health, dental, shortterm income protection (STIP), and FSA benefits through Employee Direct Access (EDA).

The changes will go into effect on January 1, 2024.

All changes must be submitted online by **4:30 pm on October 27th.** 





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#### **PREMIUM RATES**

 Health insurance premiums will NOT increase for full-time employees plans in 2024. Dental premiums will have a slight increase and MetLife STIP and LTIP Buy Up will remain the same. There will be no plan design changes in 2024.

## ANTHEM INSURANCE CARDS & COMBINED OUT-OF-POCKET MAXIMUMS

- All participants will receive new medical cards in 2024 and will be assigned a new GROUP number.
- Effective 2023, all plans have a COMBINED out-of-pocket maximum to include both medical services and prescriptions.

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#### **FLEXIBLE SPENDING ACCOUNTS**

 The annual contribution limit for Health Care Flexible Spending Accounts (FSA) will increase to \$3,050. The annual limit for dependent (day care) FSA will stay at \$5,000 per household. Up to \$610 will carryover from your healthcare FSA into 2025. Up to \$570 will carryover into 2024.

#### **VOLUNTARY BENEFITS**

 We are THRILLED to announce the addition of TWO new voluntary benefits in 2024: Vision - Materials Only & Pet Insurance! Employees may enroll directly through our third party administrator, Pierce Insurance during Open Enrollment.

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Reminder: Every year, you must re-enroll for FSAs during Open Enrollment to participate in the new year.

#### HIGH DEDUCTIBLE HEALTH PLAN W/ HSA

 Due to the IRS inflation rules, the deductible for highdeductible health plan enrollees will increase to \$3,200 (an increase of \$200) for employee-only coverage and \$6,400 (an increase of \$400) for dependent-level coverage.



#### HENRICO COUNTY

## **HUMAN RESOURCES**

**Engage • Educate • Empower** 

#### **EMPLOYEE BENEFITS**

The County of Henrico is committed to offering a comprehensive employee benefits program that helps our employees stay healthy and feel secure.



#### **HEALTHCARE**

Henrico County offers three POS plans through Anthem Healthkeepers for full-time and parttime benefit eligible employees. Prescription drug and vision are included. The County provides a supplement towards the cost of health insurance for full-time employees.

#### DENTAL

Henrico County offers three options for dental coverage through Delta Dental of Virginia. All Delta Dental members have access to the Amplifon Hearing Healthcare Program at no additional cost.

#### FLEXIBLE SPENDING ACCOUNTS

Henrico County sponsors pre-tax healthcare and dependent (day care) flexible spending accounts.

#### VOLUNTARY BENEFITS

Employees may enroll through Pierce Insurance for pre-tax supplemental benefits such as Vision - Materials Only, Group Accident, Group Critical Illness, and Group Hospital Indemnity. Post-tax supplemental benefits include LegalEASE, Identity Theft Protection, Life Insurance with Long Term Care and Pet Insurance.

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

The EAP provides professional counselors to fulltime and part-time employees and their household members dealing with challenging life events.

#### **RETIREMENT**

All full-time employees participate in the Virginia Retirement Plan (VRS). All eligible employees have a mandatory contribution of 5% (pre-tax) to their retirement account through VRS.

Full-time and permanent part-time employees are eligible to participate in our 457 deferred compensation program with Empower.

#### LIFE INSURANCE

For full-time employees, life insurance is a part of the Virginia Retirement System and is 100% paid for by the County. Eligible employees receive 2x their salary in the Basic Group Life Insurance Plan. Optional Life Insurance is available for additional employee coverage and to cover eligible dependents.

#### DISABILITY INSURANCE

Henrico County offers short-term disabilty through MetLife with three options of 60% income replacement. VRS Hybrid Plan Members may enroll for one year during their one-year waiting period for the Hybrid Disability Program (at no cost).

Full-time employees who are not eligible for the Hybrid Disability Program are automatically enrolled in long-term disabilty after six months of full-time employment. The benefit may begin on the 91st day following a disability. Employees may purchase additional coverage for a salary of more than \$50,000. Hybrid employees are covered under long-term disability after one-year of full-time employment.

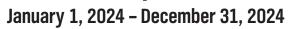
## **Benefit comparison**





	Standard POS	Premier POS	HDHP with HSA
IN-NETWORK BENEFITS		•	
<b>Deductible</b> (individual/family)	\$300 / \$300	\$300 / \$300	\$3,200 / \$6,400 (combined with out of network)
Out-of-pocket maximum	Medical and pharmacy combined: \$2,500/\$5,000	Medical and pharmacy combined: \$2,500/\$5,000	Medical and pharmacy combined: \$4,000 / \$8,000
Inpatient benefits	You pay	You pay	You pay
Hospital	30% after deductible	5% after deductible	0% after deductible
Physician charges	30% after deductible	5% after deductible	0% after deductible
<b>Maternity</b> (Facility charges for delivery)	30% after deductible	5% after deductible	0% after deductible
<b>Mental health and substance abuse</b> (Facility charges)	30% after deductible	5% after deductible	0% after deductible
Outpatient benefits	You pay	You pay	You pay
Referrals to specialist required	No	No	No
Preventive care	No charge	No charge	No charge
Primary care physician (PCP) or OB-GYN office visit	\$25	\$20	0% after deductible
Specialist office visit	\$45	\$40	0% after deductible
Urgent care center	\$25 PCP / \$45 specialist	\$20 PCP / \$40 specialist	0% after deductible
Allergy testing	\$25 PCP / \$45 specialist	\$20 PCP / \$40 specialist	0% after deductible
Allergy serum and injections	\$25 PCP / \$45 specialist	\$10	0% after deductible
Mammogram	No charge	No charge	No charge
Labs, diagnostic X-rays	No charge	No charge	0% after deductible
<b>Advanced diagnostic imaging:</b> in office setting	10% after deductible	5% after deductible	0% after deductible
<b>Advanced diagnostic imaging:</b> all other settings	30% after deductible	5% after deductible	0% after deductible
Maternity outpatient services			
Initial office visit to confirm diagnosis	\$25	\$20	0% after deductible
Pre- and post-natal care and delivery	\$50 per pregnancy	\$50 per pregnancy	0% after deductible
Maternity ultrasounds	No charge	No charge	0% after deductible
Emergency room (waived if admitted to the hospital)	\$150	\$150	0% after deductible

## **Benefit comparison**





	Standard POS	Premier POS	HDHP with HSA
	You pay	You pay	You pay
Outpatient surgery facility professional provider	30% after deductible	5% after deductible	0% after deductible
Outpatient therapy: occupational, speech, and physical	\$45	\$25	0% after deductible
Spinal manipulation (30 visit limit per CY)	\$25	\$25	0% after deductible
Outpatient mental health and substance abuse	\$25	\$20	0% after deductible
Durable medical equipment	No charge after deductible	No charge after deductible	0% after deductible
Home healthcare (90 visit limit per CY)	\$45 per visit after deductible	No charge after deductible	0% after deductible
Skilled nursing facility (100 days per admission)	30% after deductible	5% after deductible	0% after deductible
Hospice care	30% after deductible	5% after deductible	0% after deductible
Prescription drugs	Mandatory generic	Mandatory generic	Mandatory generic
Rx deductible (individual/family)	\$150/\$150	\$150/\$150	Plan deductible applies
Retail pharmacy (30 day supply)	After deductible: \$10/\$30/\$55	After deductible: \$10/\$30/\$55	After deductible: \$10/\$30/\$55
Mail order (90 day supply)	After deductible: \$10/\$60/\$165	After deductible: \$10/\$60/\$165	After deductible: \$10/\$60/\$165
<b>Retail 90</b> (90 day supply purchased at a participating retail pharmacy)	After deductible: \$30/\$90/\$165	After deductible: \$30/\$90/\$165	After deductible: \$30/\$90/\$165
Routine vision — Blue View Vision			
Annual routine eye exam	\$15	\$15	\$15 (deductible does not apply)
OUT-OF-NETWORK BENEFITS			
<b>Deductible</b> (Individual/Family)	\$400/\$800	\$400/\$800	\$3,200/\$6,400 (combined with in- network)
Coinsurance	30%	30%	30%
Out-of-pocket maximum	\$2,500/\$5,000	\$2,500/\$5,000	\$6,000/\$12,000
Lifetime maximum	Unlimited	Unlimited	Unlimited

#### **2024 ANTHEM HEALTH CARE RATES**

PREMIER POS	BI-WEE	KLY	MONT	HLY
EMPLOYEE ONLY	\$	42.32	\$	84.64
EMPLOYEE / CHILD	\$	152.90	\$	305.80
EMPLOYEE / SPOUSE	\$	203.48	\$	406.96
EMPLOYEE / CHILDREN	\$	289.22	\$	578.44
EMPLOYEE / FAMILY	\$	362.41	\$	724.82
STANDARD POS	BI-WEE	KLY	MONT	HLY
EMPLOYEE ONLY	\$	26.00	\$	52.00
EMPLOYEE / CHILD	\$	96.16	\$	192.32
EMPLOYEE / SPOUSE	\$	135.75	\$	271.50
EMPLOYEE / CHILDREN	\$	198.58	\$	397.16
EMPLOYEE / FAMILY	\$	258.03	\$	516.06
Out-of-Area PPO	BI-WEE	KLY	MONT	HLY
Out-of-Area PPO EMPLOYEE ONLY	BI-WEE	42.32	<u>MONT</u>	84.64
EMPLOYEE ONLY	\$	42.32	\$	84.64
EMPLOYEE / CHILD	\$	42.32 152.90	\$ \$	84.64 305.80
EMPLOYEE ONLY  EMPLOYEE / CHILD  EMPLOYEE / SPOUSE	\$ \$ \$	42.32 152.90 203.48	\$ \$ \$	84.64 305.80 406.96
EMPLOYEE / CHILD  EMPLOYEE / SPOUSE  EMPLOYEE / CHILDREN	\$ \$ \$ \$	42.32 152.90 203.48 289.22 362.41	\$ \$ \$ \$	84.64 305.80 406.96 578.44 724.82
EMPLOYEE / CHILD  EMPLOYEE / SPOUSE  EMPLOYEE / CHILDREN  EMPLOYEE / FAMILY	\$ \$ \$ \$	42.32 152.90 203.48 289.22 362.41	\$ \$ \$ \$	84.64 305.80 406.96 578.44 724.82
EMPLOYEE / CHILD  EMPLOYEE / SPOUSE  EMPLOYEE / CHILDREN  EMPLOYEE / FAMILY  HK HDHP HSA	\$ \$ \$ \$ BI-WEE	42.32 152.90 203.48 289.22 362.41	\$ \$ \$ \$ \$ MONT	84.64 305.80 406.96 578.44 724.82
EMPLOYEE ONLY  EMPLOYEE / CHILD  EMPLOYEE / SPOUSE  EMPLOYEE / CHILDREN  EMPLOYEE / FAMILY  HK HDHP HSA  EMPLOYEE ONLY	\$ \$ \$ \$ <u>BI-WEE</u> \$	42.32 152.90 203.48 289.22 362.41 EKLY	\$ \$ \$ \$ \$ \$ MONT	84.64 305.80 406.96 578.44 724.82 HLY
EMPLOYEE ONLY  EMPLOYEE / CHILD  EMPLOYEE / SPOUSE  EMPLOYEE / CHILDREN  EMPLOYEE / FAMILY  HK HDHP HSA  EMPLOYEE ONLY  EMPLOYEE / CHILD	\$ \$ \$ \$ BI-WEE \$	42.32 152.90 203.48 289.22 362.41 EKLY 12.42 54.53	\$ \$ \$ \$  MONT \$	84.64 305.80 406.96 578.44 724.82 HLY 24.84 109.06

## **2024 Double Contribution Rates Anthem Healthkeepers**

The following healthcare rates apply to married couples who work full-time for the Henrico County General Government or the Henrico County Public Schools enrolled in Double Contribution.

Premier POS		<u>Bi-Weekly</u>	<b>Monthly</b>
Employee and Spouse*	Cardholder	\$49.67	\$99.34
	Spouse	\$0.00	\$0.00
Employee and Family*	Cardholder	\$115.00	\$230.00
	Spouse	\$10.90	\$21.80
Standard POS			
Employee and Spouse*	Cardholder	\$34.12	\$68.24
	Spouse	\$0.00	\$0.00
Employee and Family*	Cardholder	\$61.48	\$122.96
	Spouse	\$0.00	\$0.00
Out-of-Area PPO			
Employee and Spouse*	Cardholder	\$49.67	\$99.34
	Spouse	\$0.00	\$0.00
Employee and Family*	Cardholder	\$115.00	\$230.00

Spouse

\$10.90

\$21.80

**Note:** Regular rates apply to the HDHP HSA plan.

<sup>\*</sup> Employee and Spouse (no children)

<sup>\*</sup> Employee and Family (one or more children)

#### **2024** Anthem Healthcare PIF Rates Permanent Part-Time Employees (20-29 hrs per week) **Bi-Weekly Premier POS Monthly** \$ \$ Employee Only (PIF) 417.44 834.87 \$ \$ Employee & One child (PIF) 634.53 1,269.05 \$ Employee & Spouse (PIF) 801.40 1.602.80 Employee & Children (PIF) \$ 960.04 \$ 1,920.08 \$ \$ Employee & Family (PIF) 1,214.61 2,429.21 **Bi-Weekly** Standard POS Monthly Employee Only (PIF) \$ 362.44 724.87 \$ Employee & One child (PIF) 550.94 \$ 1,101.88 \$ Employee & Spouse (PIF) 695.82 \$ 1,391.64 Employee & Children (PIF) \$ \$ 833.58 1,667.16 \$ \$ Employee & Family (PIF) 1,054.54 2,109.08 **Out-of-Area PPO Bi-Weekly Monthly** Employee Only (PIF) \$ 417.44 \$ 834.87 Employee & One child (PIF) \$ \$ 634.53 1,269.05 \$ \$ Employee & Spouse (PIF) 801.40 1,602.80 \$ Employee & Children (PIF) \$ 960.04 1,920.08 \$ Employee & Family (PIF) 1,214.61 2,429.21 **HK HDHP HSA Bi-Weekly** Monthly \$ Employee Only (PIF) 377.84 188.92 \$ \$ Employee & One child (PIF) 289.83 579.65 \$ Employee & Spouse (PIF) 363.15 \$ 726.30 \$ Employee & Children (PIF) \$ 432.87 865.74 \$ \$ Employee & Family (PIF) 544.70 1,089.39

## Henrico County General Government and Public Schools Summary of Plan Benefits

Effective January 1, 2024

	Delta Dental High and Low Option plans						
Plan Features for High and Low		igh Option			ow Option		EPO Plan
Option Plans	PPO	Premier	Out-of-	PPO	Premier	Out-of-	LFO Fiail
	Network	Network	Network	Network	Network	Network	
DIAGNOSTIC & PREVENTIVE CARE/ PREVENTION FIRST  These services are exempt from deductible and calendar year maximum.  — Oral exams & cleanings - 2/calendar yr							
<ul> <li>Periodontal cleanings- 2/calendar yr</li> <li>Fluoride treatment - 2/calendar yr (under age 19)</li> <li>Bitewing x-rays - 2/calendar yr</li> <li>Full mouth/panelipse x-rays - 1/5 years</li> <li>Space maintainers - dependents under age 14</li> <li>Sealants - only non-carious, non-restored 1st 2nd permanent molars (under age 16; limited to one application per tooth every 3 years)</li> <li>Healthy Smile, Healthy You ™—Enrolled pregnant members and/or enrolled diabetic members are entitled to an additional cleaning or periodontal maintenance visit</li> </ul>	100%	100%	80%	75%	75%	75%	100%*  Refer to the attached Schedule of Benefits, Copayments and Coinsurance.
BASIC DENTAL CARE  Restorative - amalgam (silver) fillings; composite (white) fillings  Stainless steel crowns - baby/primary teeth only for dependents under age 14  Oral surgery - simple extractions, impactions & other minor surgical procedures  Endodontics (root canal therapy) - repeat treatment covered only after 2 years from initial treatment  Periodontics (scaling & root planing, soft tissue & bony surgery, including grafts) - limitation of 2-3 years apply based on services rendered; periodontal cleaning subject to benefit limitation for regular cleaning  Denture repair & recementation of existing crowns, bridges & dentures - cost limited to ½ cost of new denture or prosthesis	80%	50%	50%	50%	50%	50%	Fixed Copayment
MAJOR DENTAL CARE  Crowns - (single crowns) - once per tooth every 5 years & only when existing crown cannot be rendered serviceable; benefit available only if the tooth is damaged by decay or fractured to the point it cannot be restored by an amalgam or composite restoration; crowns for dependents under the age of 12 not covered  Prosthodontics (partial or complete dentures & fixed bridges) - once every five years & only when existing prosthesis cannot be rendered serviceable; fixed bridges or removable partials are not benefits for dependents under age 16  Implants	50%	50%	50%	50%	50%	50%	Fixed Copayment
ORTHODONTICS  These services are exempt from deductible.  - For subscribers & covered dependents	50%	50%	50%	ı	NOT COVERED		50%
Lifetime Orthodontic Maximum	\$1	,500 per patie	nt	1	NOT COVERED		\$2,000/patient
OUT-OF-POCKET EXPENSES	Lowest	Low	Highest	Lowest	Low	Highest	
DENTIST NETWORK	You may use any dentist. Your out-of-pocket expenses will vary based on which, if any, network your Dentist is in.  You may use any dentist. Your out-of-pocket expenses will vary based on which, if any, network your Dentist is in.		A Delta Dental PPO dentist must be utilized for care. In almost all cases, services rendered by a dentist that is not in the Delta Dental PPO network are not covered.				
CALENDAR YEAR MAXIMUM		\$1,5	00 per patient	per calendar y	ear		\$3,000/patient
ANNUAL DEDUCTIBLE		\$50 per patie	nt per calenda	r year: \$150 pe	er family unit		No annual deductible

# Henrico County 2024 DELTA DENTAL RATES

#### Delta Dental PPO - EPO Plan Design

TIERS	BI-	-WEEKLY	M	ONTHLY	ANNUALLY
EMPLOYEE ONLY	\$	11.29	\$	22.58	\$ 270.96
EMPLOYEE / CHILD	\$	18.79	\$	37.58	\$ 450.96
EMPLOYEE / SPOUSE	\$	18.79	\$	37.58	\$ 450.96
EMPLOYEE / FAMILY	\$	25.36	\$	50.71	\$ 608.52

#### **Delta Dental PPO Plus Premier - Low Option**

TIERS	BI-	-WEEKLY	M	ONTHLY	ANNUALLY
EMPLOYEE ONLY	\$	12.81	\$	25.61	\$ 307.32
EMPLOYEE / CHILD	\$	23.14	\$	46.28	\$ 555.36
EMPLOYEE / SPOUSE	\$	23.14	\$	46.28	\$ 555.36
EMPLOYEE / FAMILY	\$	36.30	\$	72.60	\$ 871.20

#### **Delta Dental PPO Plus Premier - High Option**

TIERS	BI-	WEEKLY	M	ONTHLY	ANNUALLY
EMPLOYEE ONLY	\$	19.10	\$	38.19	\$ 458.28
EMPLOYEE / CHILD	\$	34.54	\$	69.08	\$ 828.96
EMPLOYEE / SPOUSE	\$	34.54	\$	69.08	\$ 828.96
EMPLOYEE / FAMILY	\$	54.24	\$	108.47	\$ 1,301.64



## Introducing Amplifon



Risk-free trial: Try your hearing aids for 60 days\*



Follow-up care: Ensures a smooth transition\*



Battery support: Battery supply or charging station\*



Warranty:

Three-year coverage\*

About 40 million Americans have hearing loss<sup>1</sup>. In fact, about 12% of the U.S. working population has hearing difficulty<sup>2</sup>. Because hearing loss can affect people of all ages, Delta Dental of Virginia is teaming up with Amplifon Hearing Health Care to offer you quality care and special savings on your hearing needs.

#### What causes hearing loss?

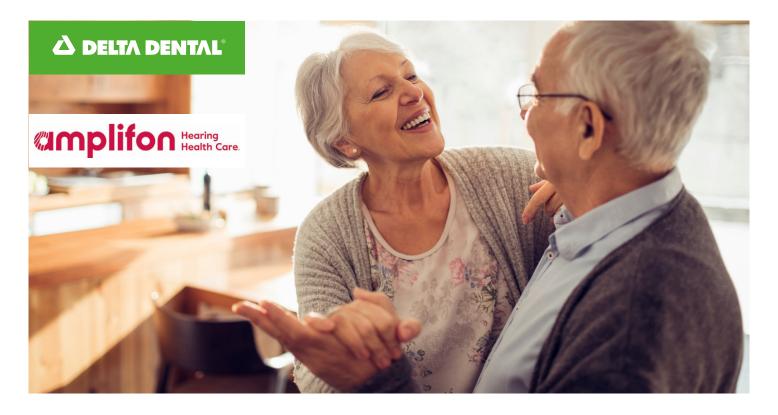
Hearing loss can be caused by obstructions in the ear or permanent damage to the inner ear. Common causes of permanent damage include exposure to noise, aging, some health conditions and certain medications.

#### When should I get my hearing checked?

You should have your hearing screened every three to five years or tested annually after age 50. You should also have your hearing screened if you are experiencing:

- Consistent exposure to loud noises.
- Difficulty understanding others in noisy environments,
- Feeling as though people are not speaking clearly or are mumbling, or
- Consistent ringing in your ears.

Continued on next page



#### Access to a large network of hearing care providers

Amplifon's hearing care provider network includes more than 145 provider sites in Virginia with more than 1,400 hearing aid options and an average savings of 66% off retail pricing<sup>3</sup>.

#### Simple pricing

	Level 1	Level 2	Level 3	Level 4	Level 5
Retail price (per ear)	\$2,203	\$2,999	\$4,280	\$6,172	\$7,698
Amplifon price (per ear)	\$995	\$1,495	\$1,795	\$2,195	\$2,645

#### How to access your hearing program

- 1. Call Amplifon at 877.593.0051.
- 2. Amplifon will explain the program details and help you take a virtual hearing assessment to confirm the presence of hearing loss.
- 3. If loss is detected, Amplifon will help you schedule an appointment with a provider near you.
- 4. Amplifon will send information to you and the provider, ensuring your program is activated.

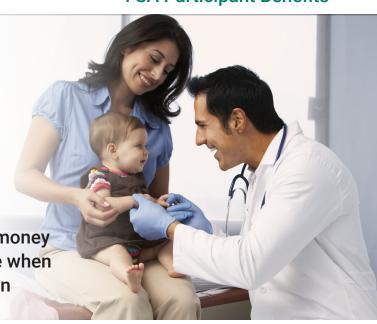
#### For more information, call 877.593.0051 or visit www.amplifonusa.com/lp/deltadentalva.

'www.nidcd.nih.gov/health/noise-induced-hearing-loss. 2www.cdc.gov/niosh/topics/ohl. 3You and your provider will determine the best device to meet your hearing loss, lifestyle, and technology needs. \*Risk-free trial: 100% money back guarantee if not completely satisfied, no return or restocking fees. Follow-up care: For one year following purchase. Batteries: two year supply of batteries (80 cells/ear/year) or one standard charger at no additional cost. Warranty: Exclusions and limitations may apply. Contact Amplifon (877.593.0051) for details. Amplifon Hearing Health Care is solely responsible for the administration of hearing health care services, and its own financial and contractual obligations. Delta Dental of Virginia and Amplifon are independent, unaffiliated companies. The Amplifon Hearing Health Care discount program is not approved for use with any third-party payor program, including government and private third-party payor programs. Hearing services are administered by Amplifon Hearing Health Care, Corp.



# Save money with FSA pretax benefit accounts.

A Flexible Spending Account (FSA) puts more money in your pocket by reducing your taxable income when you contribute pretax dollars to pay for common expenses like these:



#### **HEALTHCARE**

- Medical/dental office visit co-pays
- Dental/orthodontic care services
- R Prescriptions, vaccinations, and OTC
- Eye exams; prescription glasses/lenses

#### **DEPENDENT CARE**

- Daycare expenses
- Before & after school care
- Nanny/nursery school
- in Elder care



- Determine your elections based on your estimated out-of-pocket expenses for the year
- · Your employer may offer other types of Benefit Accounts too; ask for details
- For a complete list of eligible expenses, see IRS Publications 502 & 503 at irs.gov

# Increase your take-home pay by reducing your taxable income.

Each \$1 you contribute to your FSA reduces your taxable income by \$1.

With less tax taken, your take-home pay increases!

Consider this example: (for illustration only)



#### Richard has:

- Gross monthly pay of \$3,500
- \$600 per month in eligible expenses

Here is his net monthly take-home pay:

#### Without FSA

(\$600 spent using post-tax dollars)

\$1,932

#### With FSA

(\$600 spent using pretax dollars)

\$2,098

That's a net increase in take-home pay of \$166 every month!

To estimate potential savings based on your income and expenses, use the Tax Savings Calculator at **www.tasconline.com/tasc-calculators**.

## How to participate.

It's easy to start saving with an FSA. Just follow 3 simple steps:

### 1. DECIDE how much you want to contribute.

Check with your employer for plan specifics and review at the IRS limits at **www.tasconline.com/benefits-limits**.

The more you contribute, the lower your taxable income will be.

However, it's important to be conservative when choosing your annual contribution based on your anticipated qualified expenses since:

- The money you contribute to your benefit account can only be used for eligible FSA expenses.
- Any unused FSA funds at the close of the plan year are not refundable to you. (A grace period or carryover option may be in place for your plan. Check with your employer for plan guidelines and allowances.)



**START** by making a conservative estimate of how much you expect to spend on eligible out-of-pocket expenses for the year.

**COMPARE** your estimate to the IRS limits. If your estimate is higher than these annual contribution limits, consider making the maximum contribution allowed.

## 2. ENROLL by completing the enrollment process.

Your contribution will be deducted in equal amounts from each paycheck, pretax, throughout the plan year.

Your total annual contribution to a **Healthcare FSA** will be available to you immediately at the start of the plan year. Alternatively, your **Dependent Care FSA** funds are only available as payroll contributions are made.

## SPECIAL FEATURES

MyCash Account: Included on your TASC Card for faster reimbursement deposits and non-benefit purchases.



TASC Mobile App: Track and manage all benefits and access numerous helpful tools, anywhere and anytime! Search for "TASC" (green icon).

#### 3. ACCESS your funds easily using the TASC Card.

This convenient card automatically approves and deducts most eligible purchases from your benefit account with no paperwork required. Plus, for purchases made without the card, you can request reimbursement online, by mobile app, or using a paper form.

Reimbursements happen fast—within 12 hours—when you request to have them added to the MyCash balance on your TASC Card. You can use the MyCash balance on your card to get cash at ATMs or to buy anything you want anywhere Mastercard is accepted!

This Mastercard is administered by TASC, a registered agent of Pathward. Use of this card is authorized as set forth in your Cardholder Agreement. The card is issued by Pathward, N.A., Member FDIC, pursuant to license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated.

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# Save up to 30% on eligible expenses

Enroll in a TASC Flexible Spending Account (FSA) so you can use pretax dollars to pay for common, everyday expenses and reduce your taxable income.

Below is a partial list of reimbursable expenses that may be incurred by you, your spouse, or qualified dependents. NOTE: If you (or your spouse) enroll in an HSA Plan, you may only enroll in a Limited-Purpose Healthcare FSA (LPFSA). The eligible expenses under an LPFSA are limited to Dental and Vision expenses only.

#### Eligible Medical Expenses

- Acupuncture
- Artificial limbs
- Bandages & dressings
- · Birth control, contraceptive devices
- Birthing classes/Lamaze (only the mother's portion, not the coach/spouse, and the class must be only for birthing instruction, not child rearing)
- Blood pressure monitor
- Chiropractic therapy/exams/adjustments
- · Contact lens and contact lens solutions
- Co-payments
- Crutches (purchased or rented)
- Deductibles & co-insurance
- Diabetic care & supplies
- Feminine care products (tampons, pads, etc)
- Eye exams
- Eyeglasses, contacts, or safety glasses (prescription)
- First aid kits & supplies
- Hearing aids & hearing aid batteries
- Heating pad
- Incontinence supplies
- Infertility treatments
- Insulin
- Lactation expenses (breast pumps, etc.)
- Laser eye surgery; LASIK
- Legal sterilization
- Medical supplies to treat an injury or illness
- Mileage to and from doctor appointments
- · Optometrist's or ophthalmologist's fees
- Orthopedic inserts
- Personal Protective Equipment (PPE; facial masks, hand santizer, sanitizing wipes)\*

- Physical exams
- Physical therapy (as medical treatment)
- · Physician's fee and hospital services
- Pregnancy tests
- Prescription drugs and medications
- Psychiatric care, psychotherapy (as medical treatment)
- Sales tax on eligible expenses
- Sleep apnea services/products (as prescribed)
- Smoking cessation programs & deterrents (gum, patch)
- Treatment for alcoholism or drug dependency
- Vaccinations & flu shots
- X-ray fees

#### Eligible OTC Medicines and Drugs

Over-the-counter (OTC) medicines and drugs are reimbursable via FSA, HRA, and HSA without a prescription or physician's note. Eligible OTC products include items that are primarily for a medical purpose, and are compliant with federal tax rules under IRS Code Section 213(d).

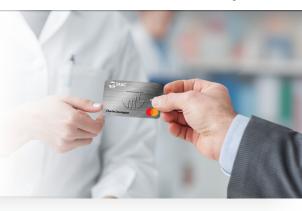
- Allergy, cough, cold, flu & sinus medications
- Anti-diarrheals, anti-gas medications & digestive aids
- Canker/cold sore relievers & lip care
- Foot care (corn/wart medication, antifungal treatments, etc.)
- · Hemorrhoid creams & treatments
- Itch relief (calamine lotion, Cortizone cream, etc.)
- Oral care (denture cream, pain reliever, teething gel, etc.)
- Pain relievers (Tylenol, Advil, Bengay, etc.)
- Skin care (sunscreen w/SPF15+, acne medication, etc.)
- Sleep aids & stimulants (nasal strips, etc.)
- Stomach & nausea remedies (antacids, Dramamine, etc.)
- Wound Treatments/Washes (hydrogen peroxide, iodine)

\*PPE expenses must be used for the purpose of preventing the spread of coronavirus.

Continued on next page...



Use your TASC Card® to pay for eligible expenses at the point of purchase instead of paying out-of-pocket and requesting a reimbursement.



#### **Eligible Dental Expenses**

- · Braces and orthodontic services
- Cleanings
- Crowns
- · Deductibles, co-insurance
- Dental implants
- · Dentures, adhesives
- Fillings

#### Eligible Dependent Care Expenses

**Does not cover medical costs.** Use the Healthcare FSA for medical expenses incurred by your dependents.

- Fees for licensed day care or adult care facilities
- Before and after school care programs for dependents under age 13
- Amounts paid for services provided in or outside of your home (including babysitters or nursery school)
- Nanny expenses attributed to dependent care
- · Nursery school/preschool fees
- Summer Day Camp (primary purpose must be custodial care and not educational in nature)
- Late pick-up fees

For more information regarding eligible expenses, please review IRS Publication 502/503 at **irs.gov** or ask your employer for a copy of your Summary Plan Description (SPD).

#### **Eligible Disability Expenses**

- Automobile equipment and installation costs for a person with a disability in excess of the cost of an ordinary automobile; device for lifting a person with a mobility impairment into an automobile
- Braille books or magazines (in excess of cost of non-Braille editions)
- Note-taker in school for a child with a hearing impairment
- Seeing eye dog (buying, training, and maintaining)
- Special devices, such as a tape recorder or typewriter for a person with a visual impairment
- Visual alert system in the home or other items such as a special phone required for a person with a hearing impairment
- Wheelchair or autoette (cost of operating/maintaining)

#### **Requiring Additional Documentation**

The following expenses are eligible only when incurred to diagnose or treat a diagnosed medical condition. Such expenses require a *Letter of Medical Necessity* from your medical practitioner explaining the medical necessity of the expense (diagnosed condition, onset of condition, etc.) and including the practitioner's signature.

- Counseling or therapy
- Ear plugs
- Massage treatments
- Nursing services for care of a special medical ailment
- Orthopedic shoes (excess cost of ordinary shoes)
- Oxygen equipment and oxygen
- Support hose (non-compression)
- Varicose vein treatment
- Veneers
- Vitamins & dietary supplements
- Wigs (for mental health condition of individual who loses hair because of a disease)





## **Child & Dependent Care Eligible Expenses**

Here is a list of the most common dependent care expenses. Every family situation is different so we recommend consulting with a tax advisor if your specific expense does not fit into one of these categories.

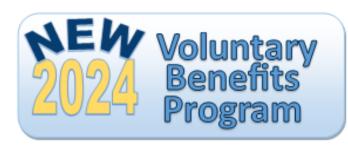


**KEY** = Eligible expenses occur when you and your spouse are working, looking for work or attending school full-time.

CHILD CARE EXPENSE	ELIGIBLE
Activity Fees (Piano Lessons, Dance Class)	8
Au pair	<b>Ø</b>
Babysitting, in your home or someone else's	<b>Ø</b>
Babysitting by your relative who is not a tax dependent	<b>Ø</b>
abysitting while you or your spouse are NOT working, looking for work, or attending school	8
Babysitting by your tax dependent	<b>&amp;</b>
efore or after school program	<b>Ø</b>
child care	<b>Ø</b>
child care supplies (diapers, formula, clothing)	8
child Care Provider discount or coupon	8
Day Camp	<b>Ø</b>
ducational, learning or study skills services	8
extended care that is a supervised program before or after regular school hours	<b>Ø</b>
ield trips	8
lousehold services (housekeeper, maid, cook, etc.)	8
lousekeeper who cares for child (only portion of payment attributable to work-related child care)	<b>Ø</b>
Cindergarten tuition	8
anguage classes	8
ate payment fees	8
Meals, food or snacks	8
Medical care	8
lanny	<b>Ø</b>
lursery School	<b>Ø</b>
ncidental Fees (eligible only when incidental to and inseparable from the fee for care)	<b>Ø</b>
ndirect Fees (may be eligible when the expense is required to obtain care and the care has been received such as agency fee, application fee, hold-the-spot fee, placement fee or deposit)	0
ate pickup fees when attributed to care of a child	<b>Ø</b>
Preschool	<b>Ø</b>
Private school tuition for kindergarten and up	8
Registration fees (required for eligible care, after actual services are received)	
Registration fees (required for eligible care, prior to actual services being received)	8
Summer Day Camp	<b>Ø</b>
school tuition	8
sick child care	
ransportation to and from eligible care provided by your care provider	<b>Ø</b>
utoring	8







## 2024 Voluntary Benefits At-A-Glance



#### **Pet Insurance**

#### **NFW**

Pet insurance helps protect you from the high cost of veterinary care for your furry loved ones.

Accident & Illness Coverage

Pre-Existing Conditions covered after 12 months. One rate regardless of age & breed.



#### **Vision**

Pre-Tax **NFW** 

Choice, Convenience, Flexibility, & Value

Large provider network

Up to \$200 frame allowance every other year. Lenses and/or contacts are an annual benefit.

Discounts on additional purchases Up to 15% off LASIK or PRK Up to 64% off hearing aids



#### **Group Critical Illness**

Pre-Tax

\$150 Annual Wellness Benefit

Ease the financial stress of surviving a Critical Illness with the Critical Illness plan.

You receive cash benefits directly, giving you the flexibility to help pay bills related to treatment or to help with everyday living expenses.

Plan pays lump-sum benefits for covered critical illnesses such as Cancer, Heart Attack, Stroke, etc.



#### **Group Accident**

Pre-Tax

\$60 Annual Wellness Benefit

Just because an accident can change your health, doesn't mean it should change your lifestyle too.

Protect yourself from the unexpected with Accident Insurance. Benefits are paid directly to you, regardless of any other medical insurance!



#### **Group Hospital Indemnity**

\$50 Annual Wellness Benefit

Protect yourself from unexpected medical bills with Hospital Indemnity.

Hospital Indemnity pays cash benefits directly to you to help cover gaps left by major medical.



Up to \$150 Annual Wellness Benefit

Cancer Insurance can help provide extra protection in the event of a cancer diagnosis.

This plan pays you as long as you are being treated with no lifetime maximum on most benefits.



#### Life Insurance with Long Term Care

LifeTime Benefit Term is a powerful supplemental two-in-one insurance benefit that offers permanent life insurance for family needs plus Long Term Care benefits. This innovative life insurance plan provides both life insurance and long term care coverage at low group rates.

Pre-Tax

Your family can receive cash benefits paid directly to them upon your death that they can use to help cover expenses. Cash benefits can also be paid directly to you while you are living for long-term care expenses.

Rates are highly competitive. Life premiums do not increase as you age.



#### **Legal Plan**

A legal plan protects you from the high cost of attorney fees by providing legal services and courtroom representation that will cover you and your family for:

Estate Planning & Wills
Auto & Traffic
Home & Residential
Financial & Consumer
Family and more...

Low Monthly Premium



#### **Identity Theft Protection**

Detect → Alert → Recover

Help protect your identity and devices with Norton LifeLock. Detects and alerts suspicious activity, and if compromised, Lifelock offers a million dollar protection package.

Protects devices, including malware and ransomware. VPN provides online privacy. Monitors for fraudulent use of personal information and receive alerts. Parents can monitor & manage child's activity online.

