



# County of Henrico, Department of Finance, Risk Management Division

## PANEL OF PHYSICIANS

If you wish medical care related to an on-the-job injury to be considered for payment by Workers' Compensation, you must seek medical care from one of the physicians listed below. (Please have the name and telephone number of your supervisor available for the Receptionist). In case your Workers' Compensation claim is denied, the list includes information showing alternative coverage by our participating Health Insurance provider. **This form must be signed, even if you do not seek medical treatment.** If you select treatment by your personal physician rather than choosing from the Panel, you must pay any expense incurred.

Name of Employee: \_\_\_\_\_ Date of Injury: \_\_\_\_\_  
Last First MI

### PLEASE INDICATE YOUR SELECTION

#### EMPLOYEE HEALTH SERVICES

Marc Flickinger, M.D.; Mary E. Warden, ANP-C  
Monday - Friday, 8:00am - 4:30pm **\*PLEASE CALL FOR APPOINTMENT**  
7740 Shrader Rd, Ste A, Henrico, VA 23228, **804-501-1600**

#### PATIENT FIRST (All locations are open every day, 8 am – 8 pm)

- Parham Location**  
2205 N. Parham Rd, Richmond, VA 23229, **804-270-2150**
- Woodman Location**  
2300 E. Parham Rd, Richmond, VA 23228, **804-264-7808**
- Mechanicsville Location**  
7238 Mechanicsville Tnpk, Mechanicsville, VA 23111,  
**804-559-9900**
- Short Pump Location**  
3370 Pump Rd, Richmond, VA 23233, **804-360-8061**
- Chester Location**  
12101 S. Chalkley Rd, Chester, VA 23831, **804-796-3636**

#### CARE NOW (All locations are open every day, 8 am – 8 pm) Providers include Dr. Dennis Rhoades, Dr. Joseph Andriano, Dr. AJ Vanumu

- Regency Location**  
1380 N. Parham Rd, Richmond, VA 23229, **804-821-0010**
- Willow Lawn Location**  
5215 W Broad St, Richmond, VA 23230, **804-554-5688**
- Mechanicsville Location**  
6296 Mechanicsville Tnpk, Mechanicsville, VA 23111, **804-459-8300**
- Short Pump Location**  
12214 W Broad St, Henrico, VA 23233, **804-362-8345**
- Chester Location**  
11380 N. Iron Creek Rd, Chester, VA 23831, **804-823-9260**
- Hull Street Location**  
6100 Harbourside Centre Loop, Midlothian, VA 23112, **804-639-7555**

**VCU MEDICAL CENTER AT NEW KENT**  
Open 24 hours and Accepts Anthem HMO & PPO  
2495 Pocahontas Trail, Quinton, VA 23141, **804-828-9000**

**ORTHO ON CALL**  
Monday-Friday, 8:00am-8:00pm; Saturday-Sunday, 9:00am-5:00pm  
3 Locations: Mechanicsville, Midlothian, & Henrico, **804-440-4878**

### All medical providers below are open 24 hours and Accept Anthem HMO & PPO

**PARHAM DOCTORS' HOSPITAL**  
7700 E Parham Rd., Richmond, VA 23228  
**804-747-5600**  
**\*Life Threatening or After-Hours  
Emergency**

**VCU MEDICAL CENTER**  
401 N. 12<sup>th</sup> St., Richmond, VA 23298  
**804-828-9000**  
**\*Life Threatening or After-Hours  
Emergency**

**MEMORIAL REGIONAL MEDICAL  
CENTER**  
8260 Atlee Rd., Mechanicsville, VA 23116  
**804-764-6000**  
**\*Life Threatening or After-Hours  
Emergency**

### SIGNATURE (Sign only under your selection)

I have read the above instructions and have **SELECTED** a treating physician from the panel listed.

 \_\_\_\_\_  
Employee's Signature Printed Name Date

I have read the above instructions and have **REFUSED** to be treated by anyone on the list. I recognize that my refusal eliminates the County's obligation to pay for my medical expenses from this injury and that my healthcare program may not reimburse me for any emergency care or follow-up treatment. **Should I decide to see a doctor at a later date for treatment, I will notify my supervisor and complete a Workers' Compensation Panel of Physicians form advising of the physician I have selected at that time.**

 \_\_\_\_\_  
Employee's Signature Printed Name Date

### PLEASE SUBMIT THIS DOCUMENT AND RELATED BILLS TO PMA BY MAIL, FAX, OR EMAIL

**Mail:** PMA Customer Service Center,  
PO Box 5231, Janesville, WI 53547-5231

**Fax:** 800-432-9762

**Email:** [ClaimsMail@pmagroup.com](mailto:ClaimsMail@pmagroup.com)  
(Include the Employee's Name & Date of Injury in the Subject Line)